

Results for : Mow Cop Hill Race
 Distance : 6.50 Miles
 Date : Sunday, 7. April 2013



Mow Cop Runners

Position	Name	Bib No	Time	Vet Class	Club
1	Damian Nicholls	311	00:43:41	M	Wilmslow Rc
2	Jack Ross	314	00:44:01	M	Staffordshire Moorlands AC
3	Simon Harding	341	00:44:44	M	Macclesfield Harriers
4	Jason Williams	277	00:44:51	M	Calder Valley Fell Runners
5	Julian Goodwin	272	00:45:52	M40	Boalloy RC
6	Gareth Briggs	270	00:46:27	M40	Staffordshire Moorlands AC
7	Martin Cciffe	331	00:47:33	M40	Eryri Harriers
8	James Wood	337	00:48:41	M	Staffordshire Moorlands AC
9	Jason Phillips	319	00:49:44	M	Unattached
10	Austin Frost	346	00:50:07	M40	Dark Peak FR
11	Toby Hart	306	00:50:34	M	Dark Peak FR
12	Darren Donlan	334	00:51:31	M40	South Cheshire Harriers
13	Darran Hawkins	276	00:51:44	M40	Buxton AC
14	Adam Grew	282	00:52:04	M40	Trentham RC
15	Gavin Poynton	279	00:52:05	M	Wreake Runners
16	James Oddy	353	00:52:22	M	Unattached
17	Andy Robinson	312	00:52:27	M50	Mercia Fell Runners
18	Tom Peers	345	00:52:30	M	Wilmslow Rc
19	Julian Brown	339	00:52:45	M40	Mow Cop Runners
20	Dean Windsor	303	00:53:09	M	Boalloy RC
21	Toby Miller	352	00:53:24	M	Boalloy RC
22	Mark Salkild	253	00:53:42	M50	Dark Peak FR
23	Kerry Marchant	269	00:53:48	L	Staffordshire Moorlands AC
24	John Mooney	309	00:54:42	M50	Macclesfield Harriers
25	Martin Packham	283	00:55:36	M	South Cheshire Harriers
26	Nick Bishop	258	00:55:47	M50	Wilmslow Rc
27	Neil Gerrity	316	00:56:39	M	Nwecastle AC
28	Michael Toman	259	00:57:08	M40	Rossendale Harriers
29	David Jones	290	00:57:10	M	Unattached
30	Debbie Hope	271	00:57:15	L40	Staffordshire Moorlands AC
31	Simon Bolton	305	00:57:47	M40	Wilmslow Rc
32	Stephen Gill	265	00:58:25	M40	Wrekin Road Runners
33	Steve Macha	325	00:58:27	M50	Boalloy RC
34	Tony Hulme	267	00:59:23	M60	Wilmslow Rc
35	Philip Barnes	252	00:59:28	M50	Macclesfield Harriers
36	Kevin Price	336	00:59:37	M40	Mow Cop Runners
37	Kean Rowlands	254	01:00:00	M50	Clwydian Range Runners
38	Tim Ruck	318	01:00:05	M	Pennine Fell Runners
39	Tony Ryan	308	01:00:11	M50	Unattached
40	Laura Davison	278	01:00:15	L	West End RC
41	Lee Grant	260	01:00:16	M40	Goyt Valley Striders
42	Gary Castney	328	01:00:19	M40	Stoke AC
43	Andrew Gray	268	01:00:37	M40	Unattached
44	David Edge	332	01:00:43	M50	Staffordshire Moorlands AC
45	Joanne Moore	348	01:01:25	L40	Eryri Harriers
46	Ann-Marie Jones	298	01:02:03	L50	Altrincham and District AC
47	Ian Ankers	330	01:02:14	M60	Staffordshire Moorlands AC
48	Richard Bouglas	284	01:02:25	M	Buxton AC
49	David Anderson	342	01:02:31	M40	Altrincham and District AC
50	Joanne Moss	285	01:02:34	L40	Congleton Harriers
51	Peter Bailey	281	01:02:50	M50	Buxton AC
52	Amy Durrant	263	01:02:52	L	South Cheshire Harriers
53	Debbie Hill	324	01:03:05	L50	Congleton Harriers
54	Paul Spriggs	264	01:03:30	M40	Wrekin Road Runners
55	Sandra Rowlands	255	01:03:36	L40	Clwydian Range Runners

Position	Name	Bib No	Time	Vet Class	Club
56	Steve Jones	293	01:04:17	M40	Clwydian Range Runners
57	Paul Clutterbuck	300	01:04:36	M40	Vale Royal RC
58	Dave Heath	257	01:04:58	M50	Unattached
59	John Morris	280	01:05:10	M60	Buckley RC
60	Stephen Green	347	01:05:15	M50	Unattached
61	Martin Griffiths	304	01:05:21	M40	Dark Peak FR
62	Richard Pegram	266	01:05:53	M40	Wirksworth RC
63	Andrew Deaville	351	01:05:58	M	Unattached
64	Paul Jones	289	01:06:04	M	Unattached
65	Michelle Tidswell	349	01:06:14	L40	Unattached
66	Julie Holmes	335	01:06:31	L50	Mow Cop Runners
67	Polly Kennerley	297	01:06:45	L40	Congleton Harriers
68	Geraint Davies	287	01:07:04	M	Unattached
69	Dave Waywell	273	01:07:15	M60	Wesham Road Runners
70	Carl Baker	350	01:07:30	M40	Unattached
71	Ian Coates	338	01:07:42	M50	Staffordshire Moorlands AC
72	Will Blackwell	307	01:07:45	M	Unattached
73	Andrea Woodhead	301	01:08:09	L	Unattached
74	Mark Wheelton	275	01:08:11	M50	Macclesfield Harriers
75	Kath Hoyer	274	01:08:28	L50	Wesham Road Runners
76	Chris Edwards	320	01:08:29	M40	Dark Peak FR
77	Sara Stead	326	01:08:30	L	Congleton Harriers
78	Ellison Allcock	313	01:09:15	M50	Unattached
79	James Kelly	340	01:09:34	M	Unattached
80	Rachael Peers	344	01:09:37	L	Wilmslow Rc
81	Rod Campbell	327	01:10:05	M60	Staffordshire Moorlands AC
82	Ray Brown	329	01:10:36	M60	Penistone Footpath Runners
83	Mick Williams	321	01:10:39	M50	Unattached
84	Colin Downey	291	01:11:08	M50	Mercia Fell Runners
85	David Boorman	286	01:14:09	M	Unattached
86	Judith Newham	333	01:14:53	L40	Congleton Harriers
87	Harry Stubbs	322	01:15:57	M60	Congleton Harriers
88	Trevor Faulkner	261	01:17:44	M60	Wilmslow Rc
89	Philippa Tyson	295	01:18:01	L40	South Cheshire Harriers
90	Carbe McCracken	310	01:18:52	L40	Alsager Angels
91	Suzanne Roebuck	288	01:19:12	L40	Unattached
92	Catherine French	343	01:19:42	L	Lytham St Annes Road Runners
93	Lorraine Clarke	292	01:20:23	L40	Mow Cop Runners
94	Malcolm Rushton	323	01:23:08	M60	Trentham RC
95	Sue Davies	296	01:23:11	L40	South Cheshire Harriers
96	Belinda Carp	262	01:25:13	L40	Wilmslow Rc
97	John Biddulph	317	01:25:34	M	Unattached
98	Ruth McDermott	294	01:26:17	L40	Unattached
99	Ali McNinch	302	01:28:08	L40	Unattached
100	Mick Edwards	315	01:28:33	M60	Dark Peak FR